

COURSE PROSPECTUS

MARTIAL ARTS INSTRUCTOR

- **GOJU-RYU KARATE-DO DIPLOMA**
- **CHINESE INTERNAL KUNG FU DIPLOMA**

Awarded on successful completion of the prescribed requirements, this course has been structured for people wishing to gain insights into methods of training and study in the fundamentals of teaching the Martial Arts.

Graduates wishing to teach professionally or semi-professionally within the Go-ju Kensha organisation will receive more detailed information on the GOJU-KENSHA methods of training and teaching.

Karate students must attain the level of 1st Degree Black Belt before being eligible for license to teach within Goju-Kensha International. In addition final approval by the Principal must be granted.

Successful completion of all prescribed components of this course is henceforth a prerequisite for Instructorship within the GOJU-KENSHA organisation in the fields of Goju-Ryu Karate, Tai-Chi, Pa-Kua or Hsing I.

COURSE CONTENT

COMPONENTS

- 1 TEACHING SKILLS**
Structuring, Communicating and Basic Psychology of Instructing.
- 2 FUNDAMENTALS OF KARATE-DO**
Strikes, Kicks, Stances, Movement, Basic Etiquette and Philosophy.
- 3 HISTORY AND EVOLUTION OF MARTIAL ARTS**
- 4 GOJU-RYU AND SHURITE KATA**
Movement and more important applications and advanced classical principles and methods of generating power.
- 5 KUMITE**
Strategy and methods of training.
- 6 FOUNDATIONS OF ORIENTAL MEDICINE**
Shiatsu, acupuncture, Cupping and Moxibustion, Dietary Energetics.
- 7 TREATING MARTIAL ARTS INJURIES**
Theory and structured clinical practice (includes preparing and applying herbal poultices, first aid and resuscitation).
- 8 BREATHING METHODS**
For Martial Arts and Health.
- 9 QI GONG AND SELF-MASSAGE**
- 10 TAI-CHI FORM, AUTHENTIC TAI-CHI FORM (WANG SHU CHIN)**
Applications and Pushing Hands and Martial Applications.

Qi Gong.

12 HSING I

Fundamentals and Philosophy, Five Element Forms, 12 Animal Forms, Linking Forms and Applications, Hsing I weapons and Qi Gong.

COURSE DETAILS

ENROLMENTS

These extremely flexible courses will commence in March 2000 and can be structured for your convenience (within reason) and with prior negotiation with the Principal.

CORRESPONDENCE STUDY

A proportion of the course may be completed by correspondence, however, some class contact hours are compulsory.

Classes will be held at Goju-Kensha Australia in Greensborough, Victoria. Special arrangements will be made for interstate students.

STUDY TIME REQUIREMENTS

To successfully complete the course, a minimum of 12 study hours per week must be undertaken.

Day and evening classes will be available, however, some weekend classes will also be necessary.

REFERENCE MATERIAL

Detailed notes on each component will be presented to students as the course progresses. Study books will also be supplied at no extra cost.

EXAMINATION

A multiple choice theory examination and short thesis will be required in order to receive your Diploma. In addition, each student will be required to demonstrate and teach the areas covered in the course.

TIMETABLE A detailed timetable for Term 1 will be forwarded on receipt of your deposit/payment in full.

COURSE COSTS

GOJU-RYU KARATE-DO DIPLOMA

Components 1,2,3,4,5,6,7 & 8 \$2,400.00*

CHINESE INTERNAL GUNG FU DIPLOMA

Components 1,5,6,7,8,9,10 & 12 \$2,400.00*

Duration of Diploma course is dependent on existing standard of Martial Arts experience

DISCOUNT!!

If payment is received in full by 1 March 2002, a DISCOUNT of \$100.00 will be granted.
Please Note: Tai-Chi, Pa-Kua and Hsing I components are fewer, but the content is very detailed.

PAYMENT BY INSTALMENTS

Payments will also be accepted in 4 x \$600 instalments, due on 1 March 2002, 1 May 2001, 1 August 200 and 1 November 2002. Plus 10% GST per instalment.

ADDITIONAL DIPLOMA ENROLMENT

Students wishing to enrol in an additional Diploma (e.g., if you are enrolled in Goju-Ryu Karate-Do and wish to also enrol in the Pa-Kua Diploma), there will be an extra charge of \$750.00 per additional Diploma. Plus 10% GST.

ADDITIONAL COSTS

FINAL EXAM, THEORY AND PRACTICAL:	\$110.00*
FRAMED DIPLOMA	\$40.00*
MEMBERSHIP TO GOJU-KENSHA INTERNATIONAL:	\$60.00*
POSTAGE AND HANDLING (Interstate Students):	\$90.00*
UNIFORMS/NECESSARY TRAINING EQUIPMENT:	As Required

***NOTE:** All amounts quoted exclude 10% GST

GOJU-KENSHA AUSTRALIA

SCHOOLS OF TRADITIONAL GOJU-RYU KARATE-DO & TAI-CHI
PRINCIPAL: JAMES SUMARAC

POSTAL ADDRESS:	TEL: (03) 5429 2122
P O Box 439	FAX: (03) 9435 0238
Greensborough Vic 3088	MOBILE: 0417 350 398
email : james@jamesumarac.com	WEBSITE: WWW.jamesumarac.com

REGISTERED OFFICE: 5 Birrakay Court, Greensborough Vic 3088

GOJU-KENSHA AUSTRALIA
SCHOOLS OF TRADITIONAL GOJU-RYU KARATE-DO & CHINESE INTERNAL GUNG-FU
PRINCIPAL: JAMES SUMARAC

**APPLICATION FOR ADMISSION
DIPLOMA OF MARTIAL ARTS INSTRUCTOR**

Full Name:

Address:

..... Postcode.....

.Telephone: (H) (W)

Date of Birth:

Present Occupation:

Previous Occupation:

Highest Secondary School Standard Achieved:

Post Secondary Studies *(Please include completed, incomplete & apprenticeships)*